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Physician Orders for Life-Sustaining Treatment (POLST): A Better Approach to End-of-Life Care

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Patient end-of-life wishes are often not known. Advanced directives may not be accessible, clear or followed by health professionals. The POLST approach is designed to facilitate physician-patient discussions regarding life-sustaining treatments and translate the patients' preferences into medical orders on a standardized form. POLST is used formally in 12 states, with hospitals in many others seeking ways to adopt the POLST approach internally.

Information about continuing education credits and certification on reverse. ↗



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